

Ladder commands
prepare to slip/slip
underrun
prepare to extend/extend
head into the building
heel out
heel in
head out
extending to lower/lower
prepare to underrun/underrun

Head loss/gain (above/below)
10kpa/meter

Friction loss
41mm/30m/200kpa
45mm/25m/150kpa
70mm/25m/15kpa
70mm/25m/50kpa (high pressure)
90mm/30m/75kpa

LACES: Lookout, Awareness,
Comms, Escape, Safety

SRABC-Safety/Response/Airway/
Breathing/Circulation

CPR ratios (compression/breath)

All: 30:2

ECO
relief crew on 15min, in 10min

BACO
3 or more entry points, 6 or
more crews
solid blue light

COMMONLY FORGOTTEN
Tally tags
Breakin gear
Radios

ARCHER: Anchor, Rope, Carabin-
er, Harness, Equipment, Ready